## Weekly activities of the IDP- NAHEP under Central Agricultural University, Imphal (10th June to 16th June, 2022)

➤ On June 11<sup>th</sup>, 2022, the 7-day workshop on communication skills, soft skills, personality development, and stress management, which is held every Saturday, resumed with the topic "Stress Management" at College of Agriculture, Iroishemba. The speaker of the topic was Karishma Yumnam, Career Counsellor, Overseas Point. The workshop drew a total of 40 3<sup>rd</sup> - year B.Sc. students.

Social Safeguard														
(7 days Workshop on Communication Skill, Soft Skills, Personality Development and Stress														
Management)														
Sl	Details	Achi		ST		SC			GEN			OBC		
no		eved	F	M	T	F	M	T	F	M	T	F	M	T
1	Stress Management	40	11	8	19	1	2	3	3	1	4	8	6	14
F = Female, M = Male, and T = Total														



Photo 1: 7 days' Workshop on Communication Skill, Soft Skills, Personality Development and Stress Management on the topics "Stress Management" held on 11<sup>th</sup> June 2022 (B.Sc. 3<sup>rd</sup> year students)

Regular academic classes were being held for undergraduate first year students by the concerned faculties in Smart classroom developed under IDP-NAHEP.



Photo: UG 1<sup>st</sup> students attending class in Smart classroom developed under IDP-NAHEP,

College of Fisheries, Agartala

➤ College of Community Science, Tura Language Instructor appointed under IDP, NAHEP conducted two general class for BSc. ND & CS 1st Year Semester 2 (Technical Writing, Course No. BSH 123 on 9th and 13th of June, 2022 and practical class on 9th June, 2022.

SI No	Batch	Date	Topics discussed	Total No. of Students present in the class	Attend ance %	Study material/ assignments/ practical provided through WhatsApp and email		
1.	ND & CS 1 <sup>st</sup> Year	9.6.2022	Practical work at Language lab. (Group 1)	42	75	Phonetics software		
2.			Developing topic sentences cont	54	97	discussion		