



College of Agriculture, Iroisemba
Central Agricultural University
Imphal, Manipur – 795004



2nd Talk on Stress Management

Date: 7th August, 2020

Time: 1.30 pm to 2.30 pm

Stress: Its impact and management

Speaker



Dr. Dharmeshwari Lourembam
Assistant Professor
Department of Psychology,
Rajiv Gandhi University,
Arunachal Pradesh.



Prof. M. Premjit Singh
Hon'ble Vice-
Chancellor,
CAU, Imphal



Dr. Soibam Basanta
Singh
DI and PI, IDP
CAU, Imphal



Prof. Indira Sarangthem
Dean and Nodal Officer,
IDP
CoA, Iroisemba, Imphal

Moderator: *Dr. K. Maheshwari (Assistant Professor)*